**\*\*\*Updated 4/8/2021\*\*\*\***

**East Brunswick Soccer Club COVID-19 Guidelines Travel/ Recreation, and Visiting Teams**

1. **Masks**:

● All staff and spectators are required to properly cover their noses and mouths. Athletes and game officials are required to wear face coverings to and from the field.

● Consider having additional masks on hand in case a player forgets one or needs to replace a moist mask with a dry one.

● Paid staff, Parent Managers, Coaches, and Trainers must wear a mask when on the field with players.

* Masks are not required to be worn by anyone:
  + Younger than 2 years old
  + Anyone who has trouble breathing.
  + Anyone who is unconscious, incapacitated, or

otherwise, unable to remove the mask without assistance.

2. **Hand Hygiene and Respiratory Etiquette:**

● Athletes and coaches should wash their hands often with soap and water for at least 20 seconds.

● If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used (Stations are posted throughout the complex).

● Spitting is not allowed

● And we encourage everyone to cover their mouth and nose with a tissue when coughing and sneezing. Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds.

**3. Physical Distancing:**

● Players should wait in their cars with guardians until just before the beginning of a practice, warm-up, or game, instead of forming a group.

● Upon arrival to the complex athletes and their families should maintain at least 6 feet of distance between themselves and people they don’t live with.

● We discourage athletes, coaches, staff, and families from greeting others with physical contact (e.g., handshakes).

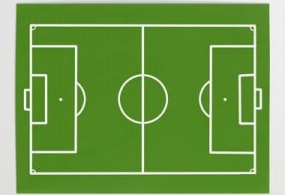
● Please Limit the use of carpools or vanpools. When riding in an automobile to a sports event, we encourage players to ride to the sports event with persons living in their same household.

● Players will not utilize benches on the field, and bleachers have been blocked off.

● Players and Coaching staff will be separate from spectators

● EBSC spectators and opposing visiting teams will remain separated on the spectator sideline( see diagram below).

EBSC XXXXX VISITORSXXXXX



EBSC XXXXXXX VISITORS\_\_\_\_\_

Spectators XXXXXXX Spectators\_\_\_\_

**4. Staying Home When Appropriate:**

● Staff, families, spectators, and players must stay home if they have tested positive for COVID-19, are showing COVID-19 symptoms, or if they have had a close contact with a person who has tested positive for or who has symptoms of COVID-19.

● Parents must check the player's temperature before training. Anything over 100.4 will be reported to the team coach/manager.

● If you or your family are returning from a vacation outside of our immediate region of NY, PA, CT, and DE please report this to [covid.ebsc@gmail.com](mailto:covid.ebsc@gmail.com) (please include where the travel was and your return date). This will help us with your son or daughter’s return to play date.

* + Therefore, you are required to quarantine from EBSC activities for**10-days**after your return.

**\*\*\*\*The 10 day period does not include the day of travel\*\*\*\***

**EX: If you are traveled on Jan 1st, your return to play date would Jan 11th.**

* + **\*\*\*Visiting teams must provide an email verifying the health of all players, at the time of the game.\*\*\***

**5. Reporting:**

● Individuals (staff members or players) who have symptoms upon arrival to program events or who become sick during an event should immediately be separated from others by a designated staff member.

● All issues or concerns should be directed to the EBSC Covid Coordinators: Chris Kozak and Candice Burgess at the email address listed below.

● **covid.ebsc@gmail.com**

● All team Teamsnap health-checks reports must be emailed to ebsoccer.reports@gmail.com no later than 24hrs after the completion of your game (s).

**Visiting teams must send team health check reports at least 1 hour before the start of the game.**

**Additional information:**

● Should the need arise, all parents will be notified directly if there is a chance of community spread to a team.

**Disinfection and Sanitization:**

● EBSC has hand sanitizer stations throughout the park for the players and coaches to use.

● Coaches will disinfect equipment after every use.

● EBSC will disinfect and sanitize the snack bar routinely ensuring all high touch surfaces are monitored.

**· Program Operation:**

● Currently, all programs will operate under the NJ Return to Play guidelines as well as the CDC recommendations for youth sports.

● No sharing of equipment between players

● No sharing of water jugs or bottles Coaches will be the only ones allowed to touch any training equipment

● Parents should sanitize all equipment before and after training sessions

● Players are responsible for bringing personal hand sanitizers, and additional masks as needed.