

EMERGENCY ACTION PLAN
East Brunswick Soccer Club
Team Training and Match Sites
Heavenly Farms and Dideriksen Park
440 Dunhams Corner Road
East Brunswick, New Jersey
2021-2022 Season

President, EBSC

Dominick Mastro

732-336-9834

Emergency Medical Services Phone Number: Police Department 911 or 732-390-6900

EMS Contact Protocol

The location, Heavenly Farms/Dideriksen Park and its street address 440 Dunhams Corner Rd are listed within the Computer Aided Dispatch (CAD) System of the (Name) Police Department however this physical street address would not be helpful in directing emergency personnel to an emergency scene on-site. Any call for emergency assistance should begin with **“I am at the Soccer complex/Heavenly Farms/Dideriksen Park on 440 Dunhams Corner Rd and need EMS for”** There is no need to mention which field unless the 911 operator expresses familiarity with this nomenclature and asks for verification. You will provide immediately after identifying the location and need for EMS the number of individuals injured, nature of injuries, condition of injured, first aid treatment, your name, title, telephone number, (location)and other information as requested.

Scene Control: Limit the scene to first aid providers, move bystanders away from the area, and maintain clear egress for entrance and exit of EMS vehicles, personnel, and apparatus. The entrance at Heavenly Farms/Dideriksen Park must remain clear of vehicular obstruction as indicated by the painted warning lines upon the pavement at that location.

Facility Address

Heavenly Farms	440 Dunhams Corner Rd	East Brunswick, NJ 08816
Dideriksen Park	440 Dunhams Corner Rd	East Brunswick, NJ 08816

AED Unit Location

Heavenly Farms Snack Bar	outside next to bathrooms
Dideriksen Park Snack Bar	outside of gated windows

Hospitals

1. Robert Wood Johnson University Hospital 1 Robert Wood Johnson Place, New Brunswick, NJ 08901
Emergency Department: 732-828-3000
2. Saint Peter’s University Hospital 254 Easton Ave, New Brunswick, NJ 08901
Emergency Department: 732-745-8525

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Area of Safe Refuge: Parents must plan in advance based upon the weather forecast to remain at the fields in case of lightning, thunder, or inclement conditions. The sighting of lightning or sound of thunder will be cause for immediate evacuation from the fields and into the area of safe refuge identified as parent vehicles. A minimum wait time of 30 minutes must pass prior to return to the fields after each sound of thunder or appearance of lightning. All staff members will leave the field and enter their personal vehicles without delay.

This facility is not equipped with a lightning detection system that provides warning via audible horn blasts. Weather safety devices of this nature are designed to alert us of the presence of lightning danger; however, we must not allow for a lack of audible warning to supersede common sense, perception, and awareness of the sight of lightning or the sound of thunder.

Staff Designations

- Head Coaches – The non-volunteer coaching staff member assigned to oversee team training sessions and matches.
- Assistant Coaches – The designated adult for each team commonly referred to as the parent manager that provides support and assistance to the head coach.

Emergency Task Assignment Recommendations

Maintain fully stocked first aid kit	Head Coach
Possesses medical release forms	Head Coach
Immediate care of the injured or ill participant	Head Coach
Be aware of exact location and egress options for EMS	Head Coach and Assistant Coach
Emergency equipment retrieval	Assistant Coach
Call EMS	Assistant Coach
Flag down EMS and direct to scene	Assistant Coach

Recommendations for EMS Transport of an Injured Child with No Parent or Guardian Present

Assistant Coach

- Accompanies injured child(ren) to the hospital during EMS transport with that child’s medical release form. Medical staff will perhaps request this original form prior to examination and/or treatment or might otherwise ask for a coach to sign a permission to treat. A completed medical release form signed by a parent or guardian should suffice for this purpose.

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- Establishes contact with the injured child's parent or guardian through the use of phone numbers and names listed upon that child's emergency contact form.
- Remains with the injured child at the hospital until a parent or guardian arrives to assume care and custody.
- Documents in writing the times of transport to the hospital and arrival of the named parent or guardian that assumed care and custody of the child.

Head Coach

- Remains with the team until dismissal of players to their parents or guardians.
- Establishes contact with the Assistant Coach following the post-match player dismissal to obtain update on the injured child's condition, name and address of the hospital, status on the contact with the child's parent or guardian and his or her estimated time of arrival,
- Establishes contact with the Trustee or the Director of Coaching to advise of the situation. A coordinated staff effort will be organized by the Trustee or Director of Coaching to provide relief to the staff member at the hospital with the injured child.
- Responsible for completion of accident/ injury report relating to the matter.
- Responsible for maintaining at all team events the team's the folder that contains each player's medical release and emergency contact forms.

Potential Exposure to COVID-19

Individuals (staff members or players) who have [symptoms](#) upon arrival to program events or who become sick during an event should immediately be separated from others by a designated staff member equipped with personal protection face mask. Pick-up arrangements should be made based upon the emergency contact/s of the staff member or player. This aims to ensure that the staff member or player receives safe transportation to his or her home or to a healthcare provider.

The facility, in most cases, does not need to be shut down although any items touched by the sick person should be disinfected. Waiting 24 hours before cleaning and disinfecting these items is recommended to minimize potential for assigned staff members for being exposed to respiratory droplets. Continued cleaning and disinfecting of all high-touch surfaces within the facility is also advised.

Follow the CDC [cleaning and disinfection recommendations](#):

- Clean dirty surfaces with soap and water before disinfecting them.

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- To disinfect surfaces, use [products that meet EPA criteria for use against SARS-Cov-2external icon](#), the virus that causes COVID-19, and are appropriate for the surface.
- Always wear gloves and appropriate PPE for the chemicals being used when you are cleaning and disinfecting.
- You may need to wear additional PPE depending on the setting and disinfectant product you are using. For each product you use, consult, and follow the manufacturer's instructions for use.

COVID Prevention Management

- Social Distancing (see appendix A for field set up)
 - Staggered arrival and departure times
 - Separate entrances and exit points (see photo Appendix B EBSC exit and entrance for travel and rec)
 - Players will not utilize benches or commons areas.
 - Players and coaches will remain on team side/ spectators will remain on separate sides. spectators will be asked to maintain 18 or more feet from the home team spectators (marking will be placed on grass fields)
 - Face masks to be worn by all coaches/trainers, and staff.
 - Parents and spectators are advised to wear mask when they cannot maintain appropriate distance outside of their family pod.
 - Parents are advised to attempt to limit the number of spectators attending games/practices.
 - Parents are being advised to remain in their vehicles while waiting on the players to return for tryout sessions. Parents will not be allowed to linger near fields nor watch from the bleachers at Heavenly Farms.
 - Players must wear a face mask to and from the field. It is optional during the training session.
- Health Screenings
 - Player checklist to be performed prior to training sessions (see Appendix C)
 - Parents to check players' temperature prior to training. Anything over 100.4 will be reports to the team coach and the player held out
 - Attendance will be taken at all sessions for contact and tracing purposes if needed.
- Communication
 - There will be weekly updates to parents through email blasts, Teamsnap updates, and various social media platforms.

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- Should the need arise, all parents will be notified directly if there is a chance of illness be spread to a team (Appendix D)
- Disinfection and Sanitization
 - EBSC has hand sanitizer stations at the entry and exits to the field for the players and coaches to use.
 - Coaches will disinfect equipment after every use.
 - EBSC will disinfect and sanitize snack bar after each use
- Program Operation
 - Currently all programs will operate under the Governor's Return to Play rules.
 - All social distancing will be enforced and followed.
 - No unnecessary contact between any players
 - Field to be spaced out.
 - No sharing of equipment between players
 - No sharing of water jugs or bottles Coaches will be the only ones allowed to touch any training equipment.
 - No training bibs will be utilized for rec players.
 - No sharing of any balls, gloves, or water
 - Players are responsible to bring personal hand sanitizers as well.

Determinations should be made relating to any staff members or players that may have been exposed to the virus and may need to take additional precautions. Notification relating to this potential exposure should be made to the parent or guardian of each player and each staff member. Confidentiality must be maintained. These potentially exposed individuals should quarantine for 10 to 14 days and self-monitor for [symptoms](#). As more information becomes available regarding vaccinated individuals, those updates will be added to our action plan.

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APPENDIX A/B

Heavenly Farms/Dideriksen Park

Heavenly Farms—Fields 8 Turf A and Field 9 Turf B

Dideriksen Park—Fields 1-7, and Fields 10 & 11 (on the county fairgrounds)



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APPENDIX C

To keep you and all our players, participants, coaches and their families safe, we are following the guidelines and recommendations of the New Jersey Department of Health and requiring that every participant be assessed for COVID-19 symptoms and risk factors each day before engaging in any youth soccer-related activity (practices, competitions, events and/or before entering into any facilities, etc.). The below questionnaire must be completed for each player for each youth soccer activity on the day of the subject activity before the player will be permitted to engage in the subject activity.

1. Have you or anyone in your household experienced a fever of 100.4 F or greater in the past 14 days?
2. Have you or anyone in your household received a positive result from a COVID-19 test within the past 14 days?
3. In the past 14 days, have you or anyone in your household been in close contact with anyone that has or had symptoms of COVID-19 that required you to quarantine?
4. In the past 14 days, have you, anyone in your household, or someone you have been in close contact with traveled to an area that required quarantine upon return?
5. In the past 14 days, have you or anyone in your household experienced any of these symptoms that are not attributed to another health condition: cough, loss of smell or taste, runny nose, shortness of breath, or a sore throat?

Regardless of how you answer the questions provided in this survey, if you have symptoms consistent with COVID-19 or feel you may be developing symptoms consistent with COVID-19, you cannot attend or participate in any youth soccer activities and should contact a local healthcare professional.

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APPENDIX D

Please be advised that we have learned that one of our participants has been diagnosed and/or has been in close contact with an individual who has COVID-19. Families of all involved participants are being notified in accordance with state and local privacy and confidentiality laws and regulations. The Centers for Disease Control (CDC) advises for "those who have had close contact with a person diagnosed with COVID-19 to stay home, self-monitor for symptoms, and to follow CDC guidance if symptoms develop." Links to CDC pages that can that bring greater clarity to the purpose of this notification can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>; and <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation.html>

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Appendix E

Definitions:

Close contact -Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.

Current guidance based on community exposure, for people exposed to people with known or suspected COVID-19 or possible COVID-19:

I think or know I had COVID-19, and I had symptoms

You can be around others after:

- 10 days since symptoms first appeared and
- 24 hours with no fever without the use of fever-reducing medications and
- Other symptoms of COVID-19 are improving*

**Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation*

I tested positive for COVID-19 but had no symptoms

If you continue to have no symptoms, you can be with others after 10 days have passed since you had a positive viral test for COVID-19. Most people do not require testing to decide when they can be around others; however, if your healthcare provider recommends testing, they will let you know when you can resume being around others based on your test results.

If you develop symptoms after testing positive, follow the guidance above for “I think or know I had COVID-19, and I had symptoms.”

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Appendix F

Tryout Procedures

All participants are expected to have the appropriately sized ball, shin guards, GK gloves (if applicable), cleats, and enough water to last for an hour. Parents will not be allowed to bring players additional water once they are checked in. You may also supply your child with hand sanitizer or personal disinfectant supplies.

Current players may not wear any portion of their uniform at all; this includes socks, training jersey, shorts, or any previous model travel uniforms and travel bags. All children will get number stickers for the tryout. When put in game situations, they may be asked to wear a pinnie. All pinnies are fresh and coming out of packaging and will be collected after each session and not used again throughout the sessions.

Arrival:

****** Please refer to the map/ diagram below to familiarize yourself with the layout of the complex******

Players will enter the tryout complex via the service road.

- All parties must wear a face covering to and from the training area. Masks will not be required during the actual tryout.
- All parties will stop at the first **station (1)** for the COVID-19 checklist.
- Players will then proceed to the grass parking area. We are asking that only one family member accompany players to the registration table if possible.
- Players will then proceed to the registration table (**station 2)** to receive their numbers.
- Participants will then enter Turf A through **Gate 1)**, where they will receive hand sanitizer and be turned over to the trainers.
- Accompanying guardian will leave via the exit route (**marked on map)**.

Dismissal/ Departure:

- Upon completion of the tryouts, participants will be led to **Gate 2)** and directed to the departure area (**station 3)**.
- Parents will be asked to remain by your vehicles as a club member walks the children to the cars.
- All vehicles will then depart the complex.

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Appendix G

Dideriksen Park Entrance and Exit

- All players and adults must enter on the top side (right side of field 7) Only
- All players MUST have completed their health check to be allowed to proceed to the fields
- Please allow a few extra minutes as we go through checking this for everyone entering the park
- Sanitizer stations available upon entering and exiting
- Upon completion of your game please move towards field 4
- All players and parents MUST exit through the opening by field 4



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APPENDIX H

SST/EBSC PRACTICE FIELD PROCEDURES

All Travel teams (including non-SST Teams) will follow the below procedures when training on Turf A until further notice. Please familiarize yourself and your teams with the current procedures to make accessing and leaving the turf fields a bit easier.

****** Please refer to the map/ diagram below to familiarize yourself with the layout of the complex******

Arrival:

- Players will enter Turf A via **Gate 1 & Gate 4**
- Sanitize hands and proceed to their training area.
- Players should walk around the inside perimeter when possible to avoid cutting through other practices/trainers setting up.
- All players must wear a face-covering to and from the training area.

*** As additional teams (late fall, non-SST) start their practices, this may be slightly modified**

Departure:

- Upon completion of training, Players on the **left** side of the field will leave via gate **2**, and players on the **right** side will leave using **gate 3**.
- Practices will end approximately 5 mins early to allow for players to pack up and leave for all sessions.

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